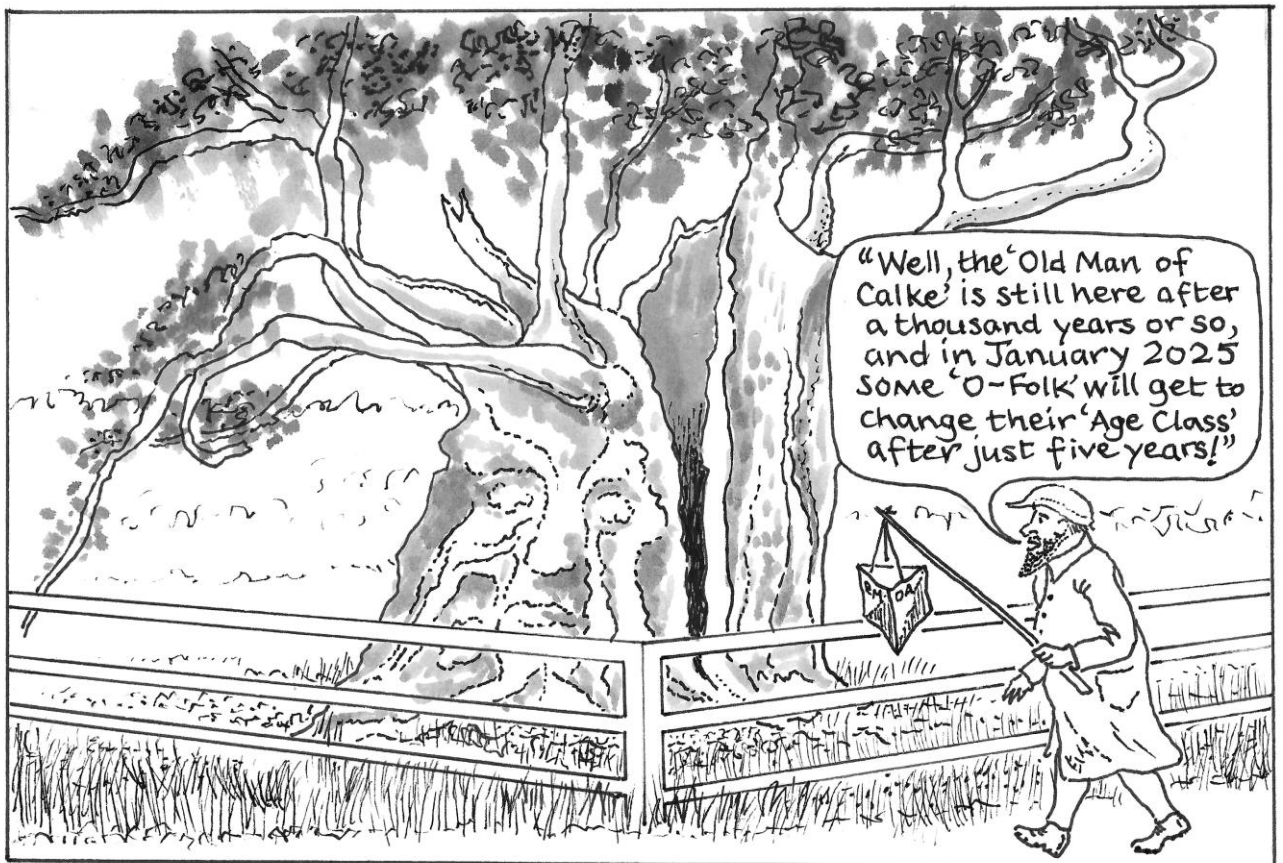


EMEWS

294

THE NEWSLETTER
of the
EAST MIDLANDS ORIENTEERING ASSOCIATION

WINTER 2024 INTO EARLY SPRING 2025



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EMEWS

EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.

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Copy Date for next issue: **30th January 2025 for next EMEWS**. Contributions are always welcome but especially by e-mail (mikegardvo@sky.com).

I will then get the next edition out in early February 2025.

Cover - Thanks again to Ernie for the cover. He commented "The orienteers taking part in the DVO East Midlands League Event at Calke Park in September had the chance, depending on route choice, to pass by and get very close to the 1,000-year-old 'Old Man of Calke' the oldest tree in the Park, and one of the oldest trees in the East Midlands. A tree has to be six metres in circumference to earn the title of veteran, whilst this ancient Oak Tree is over ten metres in girth and could be as old as 1200 years - either way it will have been in place, growing well and standing strong, when the Battle Of Hastings was fought on the 14th October in 1066!"

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Notes from EMOA Meeting – 4th November

Volunteer Required - We are still short of a Vice-Chair on EMOA committee. Could members please consider stepping forward and helping out. Please ask any of the EMOA Officers for details of the role)there are only around 5 meetings a year and we do many of them on zoom).

Financial Secretary Report - Finances appear to be in line with expectations with event levies slightly up on last year for same number of events. The change to the bank mandate to get new signatories approved (the 3 principal officers we currently have plus the secretary) has started (This required a number of formal notices to be made in the minutes.

JK Finances - Following on from JK 2024, EMOA has received a sum of money to be distributed to the clubs. It seems there had been no formal agreement in place as to how this money should be distributed so a formula based on number of helpers per day is being developed.

Development -

Officials Training Day 2024 (Saturday 12th October)

- Organisers course - 5 attendees plus tutor (Chris Phillips)
- Planners course - 7 attendees plus tutor (Mike Gardner)
- Controllers course - 5 attendees plus tutor (Ranald Macdonald)
- Mapping Workshop - 8 attendees plus leader (David Olivand)

The day seemed to go well and have had some good feedback.

Development Projects

Firm Applications for Funding

- None currently in progress

Club-funded development projects

- DVO/24/3 MapRuns 2024/25/26. DVO have been awarded a Sport England grant which will fund most of the costs of 36 MapRun events over the next two years,

which are to be co-ordinated by the Club Development Officer with the aim of attracting new participants from running and other sporting clubs.

- DVO/24/4 MapActive courses and level D events 2024/25. DVO have been awarded a grant from the Orienteering Foundation, delivered in 2 tranches, the second conditional on demonstrating delivery of phase 1. This grant covers 2 MapActive courses, a Level D programme of 10 events and a Navigation festival for newcomers at Hardwick or a similar venue
- NOC/24/1 MapActive. Learn advanced mapreading skills applicable to a range of outdoor activities, and practice them at an orienteering event.

EMOA Officials Conference 2025

Normally we alternate between an Officials Training Day and an Officials Conference each year, so in 2025 we should be looking to put on an officials conference. What topics would members want covered?

In the meeting it was suggested that:

- the details for the Very Short Green course (Hilary Palmer has provided an article on this for EMEWS below)
- Course lengths and getting them right for all competitors.
- Land access policies

Are there other topics you want to see covered? Please let John Hurley know of any topics you feel need to be discussed by EMOA Officials.

Coaching - Chris Millard (DVO) has now completed the new Orienteering Coaching Qualification. Andy Simpson (LEI and EMJS Coach) is well under way in completing his qualification.

EMJOS - See reports below.

Fixtures - The League and Urban League are covered separately in EMEWS.

- **EMOA Forest League 2024** - The prizegiving will be at the LOG Lincoln South Common event on 9th February (provisionally at 10:00)
- **EMOA Urban League 2024** - The prizegiving will be at the DVO Derby City event on 1st January at 12:00 (alongside the raffle!).
- **EMOA Forest League 2025** - The events to be included at this stage are shown below:
 - a. 19th January - LEI - Hanging Hill and Boothorpe
 - b. 9th February - LOG - South Common
 - c. 1st March - DVO - Birchen Edge and BUCS Individual
 - d. 23rd March - NOC - Silverhill Woods (also proposed as the YBT Heat)
 - e. 13th April - NOC - Ollerton Pit West
 - f. 25th May - LEI - Irchester
 - g. 1st June - DVO - Carsington Pastures
 - h. 19th October - LEI - Burbage Common
 - i. 16th November - NOC - Wellow

- j. 23rd November - DVO - Cromford Moor
- k. 30th November - LEI - Beacon Hill
- l. 21st December - NOC - Strawberry Hill
- m. 28th December - LEI - Martinshaw

13 scoring events with best 7 to count

- **EMOA Urban League 2025** - The events to be included at this stage are shown below:
 - a. 1st January - DVO - Chester Green, Derby
 - b. 22nd June - DVO - Wirksworth
 - c. 12th July - NOC - The Meadows (EuroCity weekend)
 - d. 13th July - LOG - Lincoln (Eurocity race)
 - e. 10th August - LEI - Lutterworth
 - f. 21st September - LEI - Hamilton
 - g. 28th September - NOC - Retford
 - h. 12th October - LOG - TBA

8 scoring events with best 4 to count

After discussion at the meeting and comparison of this year's scoring system which used just EMOA members, and previous year's scoring system that used all competitors, it was agreed we would revert to the old scoring system (which is easier to administer and also allows none-EMOA members to see where they are in the league, even though they are not eligible for the end of year prizes).

- **Future Major Events**
 - a. **16 Feb 2025 - EMOA Champs** - LEI - Ratby and Martinshaw
 - b. **23 Feb 2025 - CompassSport Cup Heat** - NOC - Clumber
 - c. **12 Jul 2025 - EuroCity Day 1** - NOC - Meadows Area
 - d. **13 Jul 2025 - EuroCity Day 2** - LOG - Lincoln
 - e. **7 Sep 2025 - Midland Champs** - DVO - Chinley Churn
 - f. **15 Feb 2026 - East Midland Champs** - DVO - Longshaw or Chatsworth
 - g. **2027 - CompassSport Cup Heat** - DVO
 - h. **7 Feb 2028 British Nights** - LEI
- There was a lot of discussion on whether the EMOA Champs should use the BOF recommended course / class combinations as shown in the Rules (Table 8.6 on page 62), or use a modified version to reduce the course lengths for some competitors. It was agreed that the course combinations proposed by Chris Phillips before the meeting would be used for the 2025 championships at Ratby. However, a questionnaire would be circulated during / after the event to get competitors feedback on this. The table below shows the courses that are to be used for this year's championships and to the right the BOF Rules classes (Note: Black is not always possible in all areas and in this case Brown will be used for M21 as well).

Course	EMOA Champs This Year		BOF Rules Classes	
	Men	Women	Men	Women
Black	M21		M21	
Brown	M20; M35; M40		M20; M35; M40	W21

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Short Brown	M18; M45; M50	W21	M18; M45; M50	W20; W35
Blue	M16; M55; M60	W20; W35; W40	M16; M55; M60	W18; W40; W45
Short Blue	M65	W18; W45; W50	M65; M70	W16; W50; W55
Green	M70	W16; W55; W60	M75	W60; W65
Short Green	M75; M80	W65; W70	M80	W70
Very Short Green	M85; M90	W75; W80; W85; W90	M85; M90	W75; W80; W85; W90
Light Green	M14	W14	M14	W14
Orange	M12	W12	M12	W12
Yellow	M10	W10	M10	W10

- The ESG felt that there ought to be a weekend of events to go with the Midland Champs on 7th Sept 2025. They wanted to see an event on 6th Sept to go with the current event. DVO did not feel could put on another event, so it was agreed that LEI would look at whether they could move their Hamilton Urban event from 21st September forward to 6th September.
- There may be a requirement to host the Midland champs 2027 as East Anglia are having problems with access currently.

Next Meeting - The next EMOA Committee meeting will be via zoom on 27th January 2025.

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The Very Short Green Course

.... Is coming to the EMOA League next year. Why? What is it?

By Hilary Palmer (NOC)

As one of the 'elderly' orienteers in the region and with my club's 'Welfare Officer' hat on, I have taken an interest in the planning of the short adult courses over the past year. 'Welfare' to me doesn't just mean 'safeguarding' - it encompasses all aspects of the welfare of the competitors and volunteers.

As we get older many of us find that our stamina and flexibility are less strong. Perhaps an illness or injury may also contribute to us wanting to do a shorter course which is physically less demanding whilst still being interesting and challenging.

So, the Very Short Green (VSG) course came into existence a few years ago and there have been many events this year which have included the VSG so as to trial the idea before being included in the EMOA League in 2025.

Here's what the British Orienteering Rules say about the three TD5 Green courses Rule 8.6

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Green	0.39	3.5-5.0	5	M75	W60 W65	M60S	W18S W40S W45S
Short Green	0.33	3.0-4.0	5	M80	W70	M65S	W50S W55S
Very Short Green	0.28	2.5-3.5	5	M85 M90	W75 W80 W85 W90	M70S M75S	W60S W65S W70S

The ratio down from a 'Black' course and the max/min length is given in the table for Long Distance course planning but this is just the 'bare bones' of the VSG. Don't forget that these lengths should be corrected for height gain of 0.1km for every 10m of climb (Rule 8.5.9)

I sometimes wonder if planners and controllers have read Rule **2.6: Planning for seniors**. There are three important points:

2.6.1 Older orienteers are technically just as capable as the M/W21 competitors. It is therefore totally inappropriate to combine their courses with the technically easier junior courses just because the recommended course lengths are similar, unless the terrain prevents courses of high Technical Difficulty being set.

2.6.2 Any restriction on their physical ability relates largely to speed in the terrain and in particular the ability to cross rough ground. One result of this is in the interpretation of the phrase 'control sites far from obvious re-locating features'. A control that may not be considered far from an attack point or obvious relocating feature by an M21 competitor may impose a significant time penalty for a W65 who has to return to the attack point and make a second approach.

The third point is probably the most important and planners should think about older or less physically able competitors.

2.6.3 Planners need to remember that elderly and/or infirm orienteers have difficulties crossing rough ground - going up and down steep slopes; scrambling over boulder fields and rocky ground; getting into and out of steep sided hollows, gullies, streams, etc; pushing through dense vegetation with low branches; and climbing over fences and stiles. Some competitors use a stick for balance which can also make movement more awkward in the terrain. Hence, as far as possible, such obstacles should be avoided/minimised on their courses.

Recently I have come across terrain with boulders underfoot concealed by undergrowth - hard for anyone to run over let alone someone described above!

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Sturdy stile with 12" ruler (yellow) for scale.

Can you 'hop over' a low fence or a stile?

Most people can but others have great difficulty

At a recent event I arrived close to a control in a re-entrant and looked down. An older woman was struggling with a stick. It doesn't look very steep on the map, but it was a very steep, grassy slope to the north of the crag and she was struggling. A W80+ told me later that she was luckier, a younger, fitter man was coming back up from the control and he took her SI card and in under 10 seconds he had run down, punched and run back up again. OK, that's strictly against the rules but why was that control on the VSG course? (and anyway, it wasn't the British Championships!)



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EMJOS May to November 2024

Training, events and JROS Camps

This year Eoin took part at his first JROS camp at Laganlia - really throwing himself into the week's activities and making new friends.

Ellie travelled out to the Czechia camp to experience a very different terrain to that of the East Midlands and Scotland. She will also be attending the Hawkshead JROS weekend in the Lakes at the end of November.

Early 6th&7th September an East Midlands combined team entered the Peter Palmer Relay (night/day 4 leg Day Break Bowl, Cockermouth West Cumbria) -see the write up by the juniors from LOG, DVO and LEI, in EMEWS and the report by an orienteering-Dad in NEWSTRACK (DVO newsletter).

JIRCS 2024 (28th & 29th September) Individuals in the Forest and Dean (Mallard's Pike) and Relays at the accommodation on the Mendip Hills Somerset - a small team of 6 athletes competed, with our final position being 11th from 12 regions. Our front runners on the individual day were Ellie and Eoin (LEI) who both came 7th. Our Women's relay team (Ellie, Cara, Hannah) came 9th and the Men's (Eoin, Imogen, Josh) 23rd. For such a small number of runners compared to the big squads that fielded a full 24 runners, we did very well.

November Classic New Forest training weekend away with West Midlands Junior Squad (Interland competition in Holland, selection race top 14yo and older, Nov 3rd). It was an ideal training session in Bramshaw Woods on the Saturday to hone the compass bearing skills on very clear terrain. We had 6 EM and 9 WM juniors and many adult coaches and top orienteers assisting Andy Simpson (LEI) with another one of his coaching sessions.

The competition courses on the Sunday were long and demanded the use of the compass to run on a bearing, with the footpaths not always obvious with the leaf fall.

Future training and events

17th November is NOC Shirebrooks event where EMJOS will be selling cakes and hot drinks.

15th December training - fun session with WMJS at LEI Outwoods event.

Teaming up with NOC club for their planned training in Sherwood Forest.

Joining up with neighbouring squads will probably fill the calendar in the spring.

EMJOS are now actively taking juniors in the region who are at Orange level, in an attempt to coach them and give them practice sessions for the skills needed for the harder courses when they move up age classes (14, 16 and 18 years old Light Green to Brown).

Ann-Marie Duckworth EMJOS coach and coordinator, Andy Simpson and Toni O'Donovan.

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Junior Inter Regional Championships 2024

Written by the East Midland juniors in the minibus returning home.

Our trip to the Junior Inter Regional Champs (JIRCs) was great fun. The minibus journey there was long however we made the most of the time by playing card games, listening to music, and in Ellie's case, sleeping! There was plenty of giggling in the dorm rooms and time spent cheering on our team mates. It was a great opportunity to bond with the other juniors and, even though we were the smallest squad there, our tall EMJOS flag definitely made us stand out.

The individual day was held at Mallards Pike in the Forest of Dean. The competition area was mostly made up of runnable forest with some areas of dense undergrowth. The complex network of ditches provided an amazing technical challenge while the overall gentle contours provided a fast area with a vast path network aiding navigation. On the whole the individual event was an enjoyable experience and posed a challenge to all.

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After the individual we drove to the accommodation in the Mendip Hills. We were put in rooms with the East Anglian juniors in the lodge. As soon as we got there it was time for dinner. We had sausages and mash followed by donuts. After the prize giving, we enjoyed a night full of music and dancing at a ceilidh organised by some of the Scottish juniors. It was organised chaos but, after Ellie dragged us up, everyone thoroughly enjoyed the night.

We woke early on the second day ready to compete in the relays [first race start 8:30am!]. After a buffet style breakfast with cereal, toast and other things it was soon time for the relays to start. In the girl's class we had Ellie, Cara and Hannah running and in the boys/open class it was Eoin, Imogen and Josh. We were really pleased with our great teamwork in the relays with lots of cheering for our team mates as they ran up the big uphill finish. We all completed our courses with no disqualifications and neither of the teams needed to use the mini-mass start. We then refuelled with a lunch of baguettes, crisps, chocolate bars and fruit.

After the relay all the teams stayed for the prize giving before setting off home to all parts of the UK. This year the team had a great set of results finishing 10th of the 12 regions, despite having the smallest team of any region. We were also 3rd of 5 teams in the small region category.



In the individual Eoin and Ellie had good runs, both coming 7th in M14 and W16 respectively. Cara and Imogen made great starts to their EMJOS journeys, coming 20th and 29th in W14. Hannah finished 16th in W18 in her last JIRC's individual race and Josh wasn't feeling 100% and so cut his run short to save his legs for the relay.

In the relays our girls team pushed hard through the tough terrain, with all having great runs, to finish in 9th place. In the boys relay our team of Eoin, Imogen and Josh also did really well to finish in 23rd.

Over the 2 days there were some great results, especially from the new members, Cara and Imogen. A huge congratulation to all 6 members.

In conclusion, the weekend was really enjoyable and a great experience of Southern terrain. It was a brilliant way to get to know people from other regions and to make new friends or socialise with old friends. If you are between the age of 12 and 18, please consider if you would like to participate next year as we'd love to take a bigger team to JIRC's in 2025 in the Lake District.

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Peter Palmer Junior Relays

Juniors from the East Midlands (Josh, Imogen, Jessica and Cara) entered the Peter Palmer



Relay 2024 "EMJOS Sprinters"- this year was hosted by WCOC on the northern hills near Cockermouth in the Lake District. The full 6 leg relay starts in the dark at 5am, but the Daybreak Bowl has 4 legs and is aimed at those with little night navigation as it should be light at the start (the name gives it away!).

The long trip to compete in the Daybreak Bowl Relay was filled with many memorable moments including icecream and a gentle stroll near Loweswater to stretch our legs. Thanks to Hywell and Ann-Marie for driving us there.

The organiser arranged for everyone to sleep in tents in the adjacent field - made interesting by a funny mishap as the local Scouts had accidentally put the tent inner in backwards, causing a bit of confusion and laughter as we tried to figure

out the mess.

Whilst it was still light we all had a tasty tea from the Fish and Chip van that visited the field and went and had a good look at the run through and change over pen layout.

On the Sunday morning we all woke up early (4:30am) - much earlier than any of us are used to, so we could watch the start of the PPR. All of the competitors were wearing head torches and we could see their lights spreading in all directions around the hill. It was interesting to watch and enhanced by the commentary van being linked to GPS tracking bricks that we had in our pockets [Thanks to Orienteering Foundation for paying for this].

Half the team had never run a relay and were very nervous, but we all found the navigation easy enough although the steep hill at the start was hard work. We all enjoyed taking part and were pleased to get back to the finish (no miss punches) and hand over. Cara on the final leg was pipped to 4th place (2 seconds) after racing with AIRE Hares for most of her course.



We all eagerly participated in the race, racing up the steep hills and avoiding the sheep, and cheering each other on. Our spirits were high with excitement. It was a weekend full of a blend of laughter, adventure and the kind of moments that stay with you for ever.

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This report was written by the juniors.



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Orienteering Foundation Report November 2024

Latest news.

- The latest coaching day in the Lake District is on Saturday 23rd November at Colonel's Drive, Graythwaite, with Derek Allison again leading. There are 50 individuals who are booked with a further 70 to 80 in club or association groups.
- The end of year report has been received from Cleveland Orienteering Klub on their Club Development Officer activities and can be viewed [here](#)
- Moravian year 1 interim report for their Club Development Officer is [here](#)
- Stirling University made good use of their grant to help with coaching, report [here](#)
- Lakeland Orienteering Club have share their end of year 2 [report](#) on what their Club Development Officer has been doing
- Clyde have put together the highlights of their first year of engaging a Club Development Officer [here](#)

A recent grant was agreed to Octavian Droobers to appoint a Club Development Officer.

At the latest trustees meeting we looked at our reserves and donations policy before updating our strategic and operational plan for 2025 - 2027. A small group is already meeting to discuss the big issues of Volunteering after this came out top in feedback of priorities from clubs and associations on the significant issues they see in the sport currently.

The Foundation is also looking for support for our social media editor Duncan Archer. If anyone is interested please contact Andrew Evans. chair@orienteeringfoundation.org.uk

If you would like to read more about this news or would like to find out more about the work of the Foundation please see our web site, www.orienteeringfoundation.org.uk,

Why not sign up for the Orienteering Foundation [newsletter](#), [Facebook](#), [Instagram](#) or [Twitter](#) accounts.

Pauline Olivant - Trustee Orienteering Foundation - 01623 792336
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East Midlands Urban League 2024

The following is the current table for the EMOA Urban League 2024 which comprises of the following events:

1st January - Ashbourne (DVO) - (UL1)
2nd June - Ibstock (LEI) - (UL2)
30th June - Clifton (NOC) - (UL3)
14th July - Chesterfield (DVO) - (UL4)
11th August - Coalville & Whitwick (LEI) - (UL5)
18th August - Lincoln City - Boutham area (LOG) - (UL6)
6th October - Nottingham City (NOC) - (UL7)
20th October - Bourne (LOG) - (UL8)



Your best 4 scores will count from the 8 events. Below is the current table showing the top 10 and omitting non-EMOA members (this year scoring based only on EMOA members):

Junior Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Isaac Rosewell	M14	NOC	100	100							
2	Peter Birchall	M16	DVO	96	96							

Junior Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1=	Jessica Williams	W16	DVO	100				100				
1=	Isabel May	W14	LOG	100						100		

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Open Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Nerijus Rozkovas	M35	DVO	396	96		96	96	100	100	100	
2	Mike Chapman	M45	LOG	373	93	0	90		93		91	96
3	Liam Harrington	M35	LOG	278	91					96		91
4	Stephen Gildersleve	M45	LOG	266						89	89	88
5	Richard Robinson	M40	NOC	200			100	100				
6	Philip Johnston-Davies	M50	RAFO	193			93					100
7	Richard Crabb	M40	RAFO	186						93		93
8	Andy Nichols	M45	LEI	184						91	93	
9=	John Duckworth	M55	DVO	100	100							
9=	Daniel Stothard	M18	LEI	100		100						

Open Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Andrea Page	W45	LOG	392	96	100	93	100	96	93	96	96
2	Sally Calland	W45	DVO	300					100	100		100
3	Sophie Vincent	W21	DVO	296			100			96	100	
4	Anna-Kaisa Koleska-Brook	W40	LOG	182						91		91
5	Rachel Duckworth	W21	DVO	100	100							
6	Kirsty Buxton	W21	DVO	96			96					
7=	Joanna Goodhead	W21	DVO	93								93
7=	Jennamari Terava	W35	DVO	93	93							
9	Kate Lowndes	W35	DVO	91	91							

Veteran Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Andy Nicholls	M45	LEI	400	100	100	100		100			
2	Andrew Selby	M45	DVO	382	93		96	93				100
3	Roger Phillips	M45	LEI	379		90	93	100			96	
4	Andrew Evans	M40	LOG	368	89		89		93		93	93
5	Tom Hartland	M45	DVO	366	90	89	91	96				
6	Benjamin Cluderay	M40	RAFO	287		91		0			100	96
7	David Sissons	M60	NOC	263	88		87	88				
8	Andrew Barker-Pilsworth	M50	RAFO	184						93		91
9=	James Prince	M50	DVO	181	91		90					
9=	Jonathon Ogden	M45	LOG	181						91		90

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Veteran Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Tanya Taylor	W50	LOG	400	100	96	100	100	100	100	100	100
2	Patricia Wong	W50	NOC	378	91	91	0	93	93	96		96
3	Nicola Hart	W60	DVO	272		90		91	91			
4	Helen Chiswell	W45	DVO	192					96		96	
5=	Jo White	W50	LEI	189		93		96				
5=	Claire Selby	W50	DVO	189			96					93
7	Emily Williams	W45	DVO	183			93	90				
8	Sally Calland	W45	DVO	100		100						
9	Michelle Mackervoy	W50	DVO	96	96							
10=	Lizzie Rosewell	W40	NOC	93	93							
10=	Sam Clements	W50	NOC	93							93	

Senior Veteran Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	David Cladingboel	M55	LEI	385	93	100	96	91		96	89	89
2	Alastair Paterson	M55	LEI	372	90	88	93	93	93	90	93	
3	Murray White	M55	DVO	369		89	91			91	96	91
4	David Vincent	M60	DVO	363	91	93			89	89	90	88
5	Simon Brister	M75	DVO	356		91		90	88			87
6	Jonathon Lee	M60	LEI	343	85	83			87	88		
7	Paul Murgatroyd	M55	LOG	300	100					100		100
8	Dave Chaffey	M60	DVO	283		100				93		90
9	Paul Goodhead	M60	DVO	259		87					87	85
10	Iain Phillips	M55	LEI	251	84						83	84

Senior Veteran Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Helen Parkinson	W55	NOC	400	100	100	93	100	100	100	93	100
2	Carol Stynes-Martin	W55	LEI	384				96	96	96	96	93
3	Amanda Roberts	W60	LOG	381	96	96			93		85	96
4	Jane Dring-Morris	W55	LEI	365	90		90		91	93	91	88
5	Kim Buxton	W60	DVO	364		93	85	91	90	90		
6	Tracey Brookes	W55	LEI	357		91	88		89		89	87
7	Ursula Williamson	W60	LEI	354	88	90	87		87	89	86	86
8	Anne Kayley-Burgess	W55	DVO	353		89	86		88	0	90	84
9	Alison Hardy	W55	LEI	289	93		96				100	
10	Ann-Marie Duckworth	W55	DVO	271			91	93			87	

EMEWS

Ultravet Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Paul Morris	M65	NOC	396	96	100	100	100		93	96	
2	Stephen Martin	M65	LEI	382			91	91	91	100	100	0
3	Robert Parkinson	M65	NOC	381	89	91	89	86	100	90	90	100
4	John Hurley	M65	DVO	378	93	96	90	93	93	89	91	96
5	Mike Gardner	M65	DVO	375	91	93	93	89	96	88		93
6	Stephen Kimberley	M65	DVO	373	86		96	96	90	91		
7	Malcolm Spencer	M65	DVO	355	90	90		88		87		
8	John Hopper	M70	DVO	354	88	88	86	90			88	0
9	Andrew Wallace	M65	NOC	350	87	87	84	85	87		89	
10	Andy Portsmouth	M65	LEI	340		86	81	83	83	83		88

Ultravet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Judith Evans	W65	DVO	392	96		100	100		93	96	
2	Jane Kayley-Burgess	W65	DVO	389	93	96	93		100	91	93	100
3	Ruth Ellis	W70	DVO	377	89	100	88	93	93	90	0	91
4	Jane Booker	W70	NOC	374			91	96			91	96
5	Maureen Webb	W70	LEI	370	90	93	89	91	96	89	88	
6	Trudy Crosby	W65	LOG	362	91	91					90	90
7	Val Johnson	W65	DVO	200	100					100	100	
8	Amanda Mylett	W70	LOG	189						96		93
9	Judith Holt	W70	DVO	96			96					
10	Christine Elliott	W65	NOC	90			90					

Hypervet Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Kevin Gallagher	M75	LEI	400	100	96	100	96	100	96	100	
2	Doug Dickinson	M75	DVO	396		100	96	100	93	100	93	93
3	Pat Squire	M75	NOC	381	96	90	93	90	96		91	96
4	John Marriott	M75	LEI	367		85	87	93	91		96	
5	Rex Bleakman	M80	DVO	363	93	89	90	91			89	
6	Derek Gale	M80	DVO	362	91	87	91	89	90	90		89
7	Dave Skidmore	M75	DVO	358	90	86	89	87	89		88	90
8	Peter Chick	M80	LEI	353		88	88	88	86	89	87	
9	Peter Leake	M80	LEI	351	88		86	86	88	87	86	88
10	John Palmer	M75	NOC	342	89				83		84	87

Hypervet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Hilary Palmer	W75	NOC	400	96	96		100	100	100	100	96
2	Liz Godfree	W75	DVO	396	100	100					96	100
3	Sue Bicknell	W80	LEI	380		91	100	90	96	87	93	
4	Margaret Keeling	W75	DVO	369		89	96	89		93	91	
5	Jen Gale	W75	DVO	366	88	88	93	87	93	89		91
6	Tricia Neal	W75	NOC	360	89	90	91	88	90	88		
7=	Anne Gibbs	W80	LOG	189						96		93
7=	Ann Armistead	W75	DVO	189	93			96				
9	Christine Middleton	W75	DVO	184		93				91		
10	Pauline Ward	W80	DVO	181	90			91				

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East Midlands League 2024

The tables below provide the current standings for the EMOA League 2024. With a total of 11 events (one event removed), the best 6 scoring events count towards the league. Tables below are based on standing in the league counting in at least 2 events, scoring more than 1000 points in total, and in the top 10 for that class.

The events included so far are:

- 1 - 7th January - LEI - Bagworth
- 2 - 11th February - LEI - Beacon Hill
- 3 - 3rd March - DVO - Shipley Park
- 4 - 17th March - NOC - Byron's Walk
- 5 - 7th April - NOC - Boundary and Tippings Wood
- 6 - 19th May - DVO - Hardwick Park (also Yvette Baker Trophy Heat)
- 7 - 29th September - DVO - Calke Park
- 8 - 27th October - LEI - Cademan and Thringstone Woods (TBC)

The events still to be included in the League for 2024 are:

- 9 - 17th November - NOC - Shirebrook
- 10 - 15th December - LEI - Outwoods
- 11 - 22nd December - NOC - Walesby

White - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	Score	Pos
Oscar Buxton	DVO	M10	1000		855		1000		623					3478	1
Darwin Buxton	DVO	M10						1000	1000					2000	2

White - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	Score	Pos
Elodie Booker	NOC	W10		1000			1000	1000	1000					4000	1
Suranne Tolly	LEI	W10					492	727		1000				2219	2

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Yellow - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	score	Pos
Hugh Chester	NOC	M12		1000				1000		1000				3000	1
Evan Llewellyn	NOC	M12	1000				1000							2000	2
Noah Lurati	DVO	M10	837		1000									1837	3

Yellow - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	score	Pos
Lily Robinson	NOC	W10	1000			1000					1000			3000	1
Grace Robinson	NOC	W12	922			933	1000							2855	1

Orange - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	score	Pos
Aidan Chester	LEI	M14		890				1000		1000				2890	1
Laurie Fluck	LEI	M75	1000	385						371				1756	2
Peter Birchall	DVO	M16			1000			605						1605	3

Orange - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	Score	Pos
Imogen Satherley	DVO	W12	1000	599	1000		1000	1000						4599	1
Cara Tolley	LEI	W14		845	933	1000								2778	2
Emma Rosewell	NOC	W12	877	1000			800							2677	3
Tina Brindley	NOC	W60		541	401	314	577	311						2144	4
Sindy Chafer	LEI	W55	521				302			463				1286	5

Light Green - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	Score	Pos
Jessica Williams	DVO	W16			823		557		1000		1000			3380	1
Cara Tolley	LEI	W14					1000	673		1000				2673	2
Becky Royall	DVO	W45							552		752			1304	3

Short Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	scores	Pos.
Kevin Gallagher	LEI	M75	1000	972	1000	972	1000	947	1000		797			5944	1
Rex Bleakman	DVO	M80		811		1000	900	809	972	659	812			5304	2
Jeffrey Baker	LOG	M70	664	652	829	822	844	917	784		697			4893	3
Chris Bosley	LEI	M75	758	692	829		916		783		776			4754	4
Dave Skidmore	DVO	M75	747	759	759	794	882	732	724	634	684			4673	5
Donald Moir	LEI	M90	647	782		867	701	791	494	510				4298	6
Peter Leake	LEI	M85	748		752	575	801	779	617					4272	7
Roger Edwards	LEI	M70						980	892	1000	1000			3872	8
Peter Chick	LEI	M80		560	692	845		890	691					3678	9
John Cooke	DVO	M75	601	596	567	604	621	536	567	538	422			3556	10

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Short Green - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	score	P
Judith Holt	DVO	W70	869	829	989		1000	990		926	876			5650	1
Jane Booker	NOC	W70	925	673	870	843		1000	683	1000	1000			5638	2
Ann Armistead	DVO	W75	978	741	882	890	795	970	906		837			5463	3
Sue Bicknell	LEI	W80	740	745	802	760	630		853	609	815			4715	4
Ruth Ellis	DVO	W70		554	751	792	800	806	837	577	567			4563	5
Liz Godfree	DVO	W75	1000	1000	1000	1000								4000	6
Margaret Keeling	DVO	W75		608	774	693	738		946					3759	7
Trudy Crosby	LOG	W65	755	653	801	743					805			3757	8
Karen Ives-Smith	LEI	W60	688	518	577		603	668						3054	9
Christine Middleton	DVO	W75	879	708	785					662				3034	10

Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	scores	P
Mike Gardner	DVO	M65	1000	995	967		1000	918		726	994			5874	1
Matt White	LEI	M55	929			783	932	1000	903	1000	1000			5764	2
John Hopper	DVO	M70	875	1000	1000	892	960	985		567	920			5757	3
John Hurley	DVO	M65	941		946	868	942	893	929	729				5519	4
Malcolm Spencer	DVO	M65	897	838	945	774	889		840	690				5183	5
Lester Evans	DVO	M70	790		819	713	794	862	652	481	778			4756	6
Stephen Martin	LEI	M65	942	966			873	708	689					4178	7
Mike Godfree	DVO	M75		994	992	1000	965							3951	8
Robert Haskins	LEI	M70		678	562	481	664	689		539	700			3832	9
Peter Cholerton	NOC	M65		818	686			817	716		712			3749	10

Green - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	scores	Pos
Ursula Williamson	LEI	W60	760	1000	704	573		730	691	890	831			4915	1
Amanda Roberts	LOG	W60	1000		983	1000	1000				824			4807	2
Judith Evans	DVO	W65	831				905		858	868	1000			4462	3
Tracey Brookes	LEI	W55	717	988		527	657	812			685			4386	4
Jane Dring-Morris	LEI	W55	685	900		564	634	813			742			4338	5
Kim Buxton	DVO	W60	876		728		929	961		830				4324	6
Christine Elliott	NOC	W65			855	741		1000		1000				3596	7
Patricia Wong	NOC	W50	515			466		671	566	501	624			3333	8
Carol Stynes-Martin	LEI	W55	702			551	643	889	476					3261	9
Anne Kayley-Burgess	DVO	W55	597	739		479	600	733						3148	10

Blue - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	scores	Pos
Andy Sykes	DVO	M55	868	933	924				800	868	976			5369	1
Kevin Lomas	NOC	M65	977	1000	945				1000	1000				4922	2
Dai Bedwell	DVO	M55		938		1000			937	888	1000			4763	3

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Simon Brister	DVO	M75	754		1000		1000	1000			963			4717	4
Alastair Paterson	LEI	M55	789	730	702	594	663	622	695	557	852			4431	5
David Vincent	DVO	M60	831	862	913				788		930			4324	6
James Prince	DVO	M50		783	825		712	704	608	598				4230	7
Tom Hartland	DVO	M45	697	693	668	680		619	687	621	753			4178	8
David Cladingboel	LEI	M55	710	715	668	693	645	694	452	613				4125	9
Andrew Ridgway	NOC	M60	778	755	778	758	796							3865	10

Blue - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	score	Pos
Tanya Taylor	LOG	W50	879	966		757	1000	1000	1000	993	954			5913	1
Alison Hardy	LEI	W55	1000		1000	889			853		778			4520	2
Lizzie Rosewell	NOC	W40	777	766		501					743			2787	3
Monica Henderson	NOC	W35		659	711	646				641				2657	4
Helen Chiswell	DVO	W45			816		884				733			2433	5
Toni O'Donovan	LEI	W45			960						1000			1960	6
Catherine Hughes	NOC	W55								1000	922			1922	7
Sal Chaffey	DVO	W55		1000					798					1798	8
Sally Calland	DVO	W45			861		916							1777	9
Ellie Simpson	LEI	W16				1000					674			1674	10

Brown - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	score	Pos
Nerijus Rozkovas	DVO	M35	906	831	885	809	835	1000	931		704			5388	1
Richard Parkin	DVO	M55				977	1000			1000				2977	2
Edward de Salis Young	LEI	M55		1000					1000	882				2882	3
Chris Millard	DVO	M40			1000			915	928					2843	4
Andrew Powell	DVO	M40	899		925				911					2735	5
Richard Robinson	NOC	M40	1000			860	871							2731	6
Philip Johnston-Davis	RAFO	M50		944		790			991					2725	7
Steve Schofield	NOC	M60	941	880	901									2722	8
Richard Willis	NOC	M50		785	827	644								2256	9
Neil Rosewell	NOC	M45		702		614	816							2132	10

It is intended to run Very Short Green next year as part of the league (not all events this year have had / will have the course). The following is how those tables would look based on the events this year (there are no trophies this year for the course).

Very Short Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	score	Pos
John Woodall	NOC	M85			1000	914	749	1000	1000					4663	1

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Ernie Williams	LEI	M80			773	801	642	921	774					3911	2
David Anderson	LEI	M85			868	1000	669							2537	3
Chris Phillips	LEI	M75						771	556					1327	4

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Editorial

Firstly, an early merry christmas to all EMOA orienteers.

One thing I have been doing recently is trying to ensure I have a history of all of the EMOA information. I have managed to find the names for almost all of the officers and their roles going back to 1968/69. I have also managed to get the club reps on the EMOA Committee to at least 1981/82 (in some cases I have some names earlier than this). If anyone has any information for those earlier times could they send me the details through.

I also seem to have all the minutes of EMOA meetings going back to 2011. Again, if anyone has any copies of minutes from earlier meetings could they let me have them. I will try to then ensure we have a complete history available going forward. Thanks.

Puzzle Page

Answer to EMEWS Puzzle 293.

6 4 5 5 7 3 2 2

START

6 7 7 4 3 5 1 1

FINISH

This month's puzzle:

This month I am providing another Hanje puzzle. The grid is below:

[illegible]

EMEWS

Basically, you need to colour in the squares in the grid to form a picture. The numbers tell you, in order from top or left, the number of coloured squares in each block. Each block of coloured squares is separated by at least one white square. So, for instance, if you see 2 6 in a row then this means that row has possibly white squares, then 2 coloured squares, followed by a number of white squares, followed by 6 coloured squares and, possibly, more white squares at the end. The result should be a picture. I will have the answer in the next EMEWS.

Hint: Start with the larger numbers as you can begin to start to fill in the grid that way. Don't forget to look both horizontally and vertically.

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Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age-related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

Many events are currently pre-entry only, so please check the event details before travelling.

December 2024

Sun 1 st	AIRE Regional Event	Regl	AIRE	YH	Roundhay Park	Leeds	
Sun 1 st	SN Trophy, SE League & SE Long Champs	Natl	SN	SC	Black and White Hills	Bagshot	SU899617
Sun 1 st	Tunstall Forest (new area) EAL	Regl	SUFFO C	EA	Tunstall Forest (new area)	Woodbridge	TM399527
Tue 3 rd	WCH Event 6 Maprun Night Street Uttoxeter	Locl	WCH	WM	Fairfield Rd	Uttoxeter	
Tue 3 rd	LEI Autumn Training Barwell	Act	LEI	EM	TBD	Leicester	
Thu 5 th	Allestree MapRun	Act	DVO	EM	Lilac Way (Fairway Crescent)	Derby	
Sat 7 th	Southern Night Championships 2024	Regl	BKO	SC	Star Posts	Bracknell	SU875659
Sat 7 th	Downs Banks	Locl	POTOC	WM	Barlaston Downs	STONE	SJ900365
Sat 7 th	Park-O	Loc	WAOC	EA	Milton Country Park	Milton, Cambridge	
Sun 8 th	NOR - Beeston Regis	Regl	NOR	EA		Sheringham	
Sun 8 th	CHIG SE League and SWELL	Natl	CHIG	SE	Epping Forest (far East)	Theydon Bois	
Sun 8 th	Brandon Wood WML Event	Regl	OD	WM		Coventry	SP386762
Tue 10 th	LEI Autumn Training Hinckley	Act	LEI	EM	TBD	Hinckley	
Sat 14 th	Shipley Park	Loc	DVO	EM	Shipley Park	Heanor	SK378344
Sat 14 th	MapRun	Act	LOG	EM	0	Lincoln	
Sat 14 th	MapActive coaching	Act	NOC	EM	Burntstump Country Park	Nottingham	
Sun 15 th	EMOA League 2024	Regl	LEI	EM	Outwoods	Leicester	
Tue 17 th	WCH Event 7 Maprun Night Street Rugeley	Loc	WCH	WM		Rugeley	
Sun 22 nd	EPOC Regional Event	Reg	EPOC	YH	Alverthorpe Meadows	Wakefield	
Sun 22 nd	TVOC Regional Event	Regl	TVOC	SC	High Wycombe	High Wycombe	
Sun 22 nd	East Midlands League 2024	Regl	NOC	EM	Walesby Forest & Boughton Brake	Ollerton	
Fri 27 th	Festive Fun event	Locl	POTOC	WM	Central Forest Park	Hanley	
Sat 28 th	LEI Winter League 4 Sence	Loc	LEI	EM	Sence Valley	Ibstock	SK403112

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	Valley				Country Park		
Sat 28 th	Rough Close Christmas Relays	Locl	OD	WM	Rough Close Scout Camp	Coventry	
Sun 29 th	EBOR Regional Event	Regl	EBOR	YH		York	

January 2025

Wed 1 st	EMUL League 2025 Derby City	Reg	DVO	EM		Derby	SK352366
Wed 1 st	Bradley Family New Years Score Event, 50th Anniversary	Loc	WCH	WM		Rugeley	
Sat 4 th	YHOA Night League	Regl	AIRE	YH	Temple Newsam	Leeds	
Sat 4 th	Saturday Series 4	Locl	SYO	YH	Whirlow Brook Hall & Limb Valley	Sheffield	SK309827
Sun 5 th	AIRE Regional Event	Reg	AIRE	YH	Temple Newsam	Leeds	
Sat 11 th	Park-O	Loc	WAOC	EA	Wandlebury Country Park	Cambridge	
Sat 11 th	Local League 1 - Apedale	Locl	POTOC	WM	apedale country park	Newcastle under lyme	SJ822483
Sun 12 th	BOK Regional & SW League event	Reg	BOK	SW	New Beechenhurst	Coleford	SO613122
Sun 12 th	SYO Regional Event	Reg	SYO	YH	Greno Woods	Sheffield	SK320959
Wed 15 th	LEI Winter League 5 Cademan	Loc	LEI	EM	Cademan	Whitwick	SK437166
Thu 16 th	Heanor MapRun	Act	DVO	EM	William Grigg Leisure Centre	Heanor	
Sat 18 th	Delamere Forest Countryside Score Event	Loc	DEE	NW	Delamere Forest	Northwich	SJ548704
Sat 18 th	Everdon Stubbs (tbc)	Locl	OD	WM		Daventry	SP606566
Sun 19 th	CLARO Urban event	Reg	CLARO	YH	East Harrogate	Harrogate	SE307556
Sun 19 th	EMOA League 2025	Reg	LEI	EM	Hanging Hill & Boothorpe	Ashby	
Thu 23 rd	LEI Winter League 6 Bagworth	Loc	LEI	EM	Bagworth Woodlands	Coalville	SK457068
Thu 23 rd	Mickleover MapRun	Act	DVO	EM	Mason Arms (Etwall Road)	Derby	
Sat 25 th	YHOA Night League and Northern Night Championships	Regl	SYO	YH	Scholes Coppice	Rotherham	
Sat 25 th	Concorde Chase Urban 2025	Reg	BKO	SC	Wildridings & Great Hollands	Bracknell	SU786688
Sun 26 th	Concorde Chase Forest & SCOA Championship 2025	Natl	BKO	SC	Cold Ash	Thatcham	
Thu 30 th	Breadsall Hilltop MapRun	Act	DVO	EM	Fieldsway Drive	Derby	

February 2025

Sat 1 st	Winter Series no 1 Regional Event Delamere Forest incl Sch League	Reg	DEE	NW	Delamere Forest	Northwich	SJ548704
Sat 1 st	LEI Winter League 7 Donisthorpe	Loc	LEI	EM	Donisthorpe Woodlands	Ashby	SK317142
Sat 1 st	Saturday Series 5	Locl	SYO	YH	Norfolk Park	Sheffield	
Sat 1 st	NW Night League	Locl	MDOC	NW	Alderley Edge NT area	Alderley Edge	
Sun 2 nd	High Lodge	Reg	WAOC	EA	High Lodge	Thetford	
Sun 2 nd	GO SE League and SE Long	Natl	GO	SE	Blackheath	tbc	

EMEWS

	Champs						
Sun 2 nd	EPOC Regional Event	Reg	EPOC	YH	Flixby/Bradley tbc	Huddersfield	
Thu 6 th	Ripley MapRun	Act	DVO	EM	Cedar Avenue Park	Ripley	
Sat 8 th	British Night Championships (UKOL)	Majr	FVO	SOA	Touch Muir & Forest	Stirling	NS743937
Sun 9 th	EMOA League 2025	Regl	LOG	EM	South Common	Lincoln	
Sat 15 th	Hartshill Hayes Country Park (tbc)	Locl	OD	WM		Hartshill	
Sat 15 th	Local league 2- Berryhill	Locl	POTOC	WM	Berryhill fields	Hanley	SJ904463
Sun 16 th	EM Championships 2025	Natl	LEI	EM	Martinshaw and Ratby Woodlands	Leicester	
Wed 19 th	Winter League 8 Ibstock Urban	Loc	LEI	EM	Ibstock	Ibstock	SK406104
Sun 23 rd	CompassSport Cup Heat	Natl	AIRE	YH	Middleton Park	Leeds	
Sun 23 rd	CompassSport Cup Heat	Natl	NOC	EM	Clumber Park	Worksop	
Sun 23 rd	CompassSport Cup Heat	Natl	SELOC	NW	Clowbridge	North West	SD823278
Sun 23 rd	CompassSport Cup Heat	Natl	WRE	WM	Stapeley & Rorrington (tbc)	Pontesbury	
Wed 26 th	Night Sprint Event	Locl	SYO	YH	Edge Campus	Sheffield	
Thu 27 th	Belper MapRun	Act	DVO	EM	Coppice car park	Belper	

March 2025

Sat 1 st	EMOA League 2025 Birchen Edge & BUCS individual	Regl	DVO	EM	Birchen	Baslow	SK279721
Sat 1 st	TVOC Saturday Series	Locl	TVOC	SC	King's Wood	High Wycombe	SU898937
Sun 2 nd	Welsh Championships	Natl	ERYRI	WOA	Llechweddgain	Bronaber, Trawsfynydd	SH730325
Sun 2 nd	HH SE League Event - Ashridge East	Natl	HH	SE	Ashridge East	Berkhamsted	
Sun 2 nd	BUCS Relays	Natl	SHUOC	YH	Carsington	Wirksworth	
Thu 6 th	Mackworth MapRun	Act	DVO	EM	Rykneld Sports Centre	Derby	
Sat 8 th	Winter Series no 2 Runcorn Town Park Local event incl Sch League	Locl	DEE	NW	Runcorn Town Park	Runcorn	SJ548814
Sat 8 th	Gillingham Urban (UKOL)	Regl	WIM	SW	Gillingham	Gillingham	
Sat 8 th	Coombe Abbey Local Event (tbc)	Locl	OD	WM	Coombe Abbey Country Park	Coventry	
Sun 9 th	Royston urban event	Regl	WAOC	EA	Royston	Royston	
Sun 9 th	EBOR Regional Event & Yvette Baker Trophy Heat	Regl	EBOR	YH	Bishopwood North tbc	Selby	
Thu 13 th	Heatherton MapRun	Act	DVO	EM	Tesco car park	Derby	
Sat 15 th	British Middle Championships (UKOL)	Majr	MV	SE	Holmbush and Buchan Country Park	Crawley	
Sat 15 th	Local League 3 Stone common & urban	Locl	POTOC	WM	stone common	Stone	
Sun 16 th	SE League Event (UKOL)	Natl	SO	SE	Worthlodge Forest	Crawley	TQ323357
Thu 20 th	Alvaston MapRun	Act	DVO	EM	Keldholme Community Centre	Derby	
Sat 22 nd	Winter series no 3 Local Event	Locl	DEE	NW	Beacon Country	Cheshire	SD506068

EMEWS

	inc Sch League				Park, Sklemersdale		
Sat 22 nd	Icenian Sprints Day 1 Part 1	Regl	CUOC	EA	Tbc	Cambridge	
Sat 22 nd	Icenian Sprints Day 1 Part 2	Regl	CUOC	EA	Tbc	Cambridge	
Sat 22 nd	Saturday Series 6	Locl	SYO	YH	Bolehill	Sheffield	
Sun 23 rd	NOR - Felbrigg	Regl	NOR	EA	Felbrigg Hall	Cromer	
Sun 23 rd	YHOA SuperLeague and YHOA Middle Distance Championships	Regl	CLARO	YH	Plumpton Rocks	Harrogate	SE349536
Sun 23 rd	Icenian Sprints Day 2	Regl	CUOC	EA	Tbc	Huntingdon	
Sun 23 rd	WML League Event and YBT Qualifier - Arrow Valley	Regl	HOC	WM	Arrow Valley	Redditch	
Sun 23 rd	EMOA League 2025 and YBT Heat	Regl	NOC	EM	Silverhill Woods	Mansfield	
Wed 26 th	Dusk Event	Locl	SYO	YH	Loxley	Sheffield	

April 2025

Sat 5 th	Scottish Sprint Championships (Race 1)	Regl	RR	SOA	Tweedbank	Tweedbank	NT524349
Sat 5 th	Park-O	Locl	WAOC	EA	Coldhams Common	Cambridge	
Sat 12 th	Local league 4 - cheddleton heath	Locl	POTOC	WM	Cheddleton heath	Leek	
Sun 13 th	Bentley Wood South WML event (tbc)	Regl	OD	WM		Atherstone	
Sun 13 th	EMOA League 2025	Regl	NOC	EM	Ollerton Pit West	Ollerton	
Fri 18 th	Jan Kjellström Orienteering Festival - Sprint (UKOL)	Majr		YH	Sheffield City Centre	Sheffield	
Sat 19 th	Jan Kjellström Orienteering Festival - Middle (UKOL)	Majr		YH	Tankersley	Barnsley	
Sun 20 th	Jan Kjellström Orienteering Festival - Long (UKOL)	Majr		YH	Wharnccliffe	Sheffield	
Mon 21 st	Jan Kjellström Orienteering Festival - Relays	Majr		YH	Middleton Park	Leeds	
Thu 24 th	Ockbrook MapRun	Act	DVO	EM	Green Lane	Derby	
Sat 26 th	Saturday Series 7	Locl	SYO	YH	Chapelton	Sheffield	
Sun 27 th	NOR - Ling Common	Regl	NOR	EA		Kings Lynn	
Sun 27 th	York City Race	Regl	EBOR	YH	York	York	
Mon 28 th	Spondon MapRun	Act	DVO	EM	Derby Runner	Derby	
Wed 30 th	Evening Event	Locl	SYO	YH	Silver Wood	Rotherham	

May 2025

Sat 3 rd	Scottish Championships	Natl	INT	SOA	Barry Buddon	Carnoustie	NO520327
Sun 4 th	Scottish Relay Championships	Natl		SOA	Barry Buddon	Carnoustie	
Sun 4 th	Morridge, West Midlands League	Regl	POTOC	WM	Morridge nr Leek	Leek	
Sat 10 th	British Orienteering Championships (UKOL)	Majr	LOC	NW	Grizedale Forest	Newby Bridge	
Sun 11 th	British Relay Championships	Majr	LOC	NW	Bigland	Newby Bridge	
Sun 11 th	Ickworth South	Regl	SUFFO C	EA		Bury St Edmunds	
Wed 14 th	Ryton Pools (tbc)	Locl	OD	WM		Coventry	
Sat 17 th	BL Middle Event (Northern Champs Weekend) (UKOL)	Regl	BL	NW	Knipe Scar, Bampton	Penrith	NY515194

EMEWS

					(provisional)		
Sun 18 th	Northern Championships (UKOL)	Natl	MDOC	NW	Angle Tarn Pikes	Keswick	
Wed 21 st	Evening Event	Locl	SYO	YH	Wentworth Castle	Barnsley	
Sat 24 th	Springtime in Shropshire Day 1. Ludlow urban	Natl	HOC	WM		Ludlow	
Sun 25 th	Springtime in Shropshire Day 2	Natl		WM		Shropshire	
Sun 25 th	EMOA League 2025	Regl	LEI	EM	Irchester	Wellingborough	
Mon 26 th	Springtime in Shropshire Day 3	Natl		WM		Shropshire	

Major Events in 2025 in future months

July							
06 Jul	Yvette Baker Trophy Final - Capite Wood, Ashington, West Sussex (adjacent A24)	National	SO	SEOA	Capite Wood	Ashington, West Sussex	
07 Jul	World Orienteering Championships 7-12 July	International			Finland	Finland	
12 Jul	Urban Event - EuroCity Weekend	National	NOC	EMOA	The Meadows	Nottingham	
13 Jul	LOG EuroCity Race	National	LOG	EMOA	Lincoln	Lincoln	
21 Jul	O-Ringen 21-26 Jul	International			Sweden	Sweden	
27 Jul	Scottish 6 Days 2025 - Glen Feardar	National	MOR	SOA	Glen Feardar	Ballater	
28 Jul	Scottish 6 Days 2025 - Glen Feardar	National	MAROC	SOA	Glen Feardar	Ballater	
29 Jul	Scottish 6 Days 2025 - Creag Choinnich	National	ESOC	SOA	Creag Choinnich	Braemar	
30 Jul	Scottish 6 Days 2025 Rest Day - Ballater Sprint	Regional		SOA		Ballater	
31 Jul	Scottish 6 Days 2025 - Balfour (WRE)	National	FVO	SOA	Balfour	Birse	
August							
01 Aug	Scottish 6 Days 2025 - Glen Dye (WRE)	National	INT	SOA	Glen Dye	Banchory	
02 Aug	Sprint Scotland Day 1 - Race 1	Regional	MA	SOA		Stirling	
02 Aug	Sprint Scotland Day 1 - Race 2	Regional	MA	SOA		Stirling	
03 Aug	Sprint Scotland Day 2	Regional	MA	SOA		Stirling	
09 Aug	World Masters Orienteering Championships 9 -15 Aug	International			Spain	Spain	
30 Aug	British Sprint Relay Championships	Major		EAOA	RAF Honington	Bury St Edmunds	
31 Aug	British Sprint Championships (UKOL)	Major		EAOA	University of East Anglia	Norwich	
September							
07 Sep	Midlands Championships	National	DVO	EMOA	Chinley Churn	New Mills	
21 Sep	CompassSport Cup Final	Major	CLOK	NEOA	South Gare	Redcar	